

# Implementation Report

Rural Youth SRHR Peer Educators  
January 2023 – March 2024

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## 1. Project Overview

- **Title:** Rural Youth SRHR Peer Educators
  - **Location:** Nalolo & Senanga Districts, Zambia
  - **Duration:** January 2023 – March 2024
  - **Objective:** Build youth capacity to deliver sexual and reproductive health (SRHR) information, reduce stigma, and link rural adolescents to essential health services.
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## 2. Background & Rationale

- Young people in rural Western Province face barriers to SRHR information, leading to early pregnancies, HIV/STIs, and school dropouts.
  - Schools and rural clinics lack sufficient health educators; peer-led outreach is proven to be effective.
  - The project aligns with Zambia's Adolescent Health Strategy and SDG 3 (Good Health and Well-being), emphasizing youth empowerment and community ownership.
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## 3. Activity Components

- Selection and training of youth peer educators.
- SRHR outreach sessions in rural schools and communities.

- Development and distribution of IEC (information, education, communication) materials.
  - Establishment of peer clubs for continued engagement.
  - Linkage and referral system with rural health facilities.
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## 4. Execution Phases

### Phase 1 – Recruitment & Training (Jan – Mar 2023)

- 20 youth (10 male, 10 female) recruited; 5-day intensive training on SRHR, facilitation, and referral pathways.

### Phase 2 – School & Community Outreach (Apr – Dec 2023)

- Conducted 60 interactive sessions in 15 schools; distributed 3,000 IEC materials; engaged parents through 6 community dialogues.

### Phase 3 – Peer Club Formation (Sep 2023 – Jan 2024)

- Established 2 peer clubs per district; youth leaders trained in leadership and mentoring.

### Phase 4 – Referral & Service Linkages (Throughout 2023–2024)

- Referral agreements signed with 4 health facilities; 80 adolescents referred for services (contraception, HIV testing).

### Phase 5 – Review & Sustainability Planning (Feb – Mar 2024)

- Evaluation workshops held; sustainability plan developed to integrate peer educators into school health clubs.
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## 5. Implementation Timeline

- **Jan – Mar 2023:** Recruitment & training
- **Apr – Dec 2023:** Outreach sessions & community dialogues

- **Sep 2023 – Jan 2024:** Peer club formation
  - **Throughout 2023–2024:** Clinic referrals & follow-ups
  - **Feb – Mar 2024:** Evaluation & sustainability
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## 6. Outcomes & Impact

- **Knowledge Uptake:** 1,200 students reached; 70% reported increased SRHR knowledge in follow-up surveys.
  - **Behaviour Change:** School clubs continue to hold weekly SRHR discussions.
  - **Health Access:** 80 adolescents successfully linked to clinical services.
  - **Community Buy-in:** Parent-teacher committees endorsed SRHR clubs, reducing stigma.
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## 7. Key Partners

- **District Health Offices (Nalolo & Senanga):** Clinical referrals and technical oversight.
  - **Local Schools:** Venues and support for peer clubs.
  - **Youth Peer Educators:** Core implementers and facilitators.
  - **Funding Partner:** Youth SRHR Innovation Fund.
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## 8. Beneficiary Testimonial

*“The sessions opened my eyes. Before, talking about reproductive health felt taboo. Now, our peer club meets weekly — we discuss openly, and I feel in control of my future.”* — **Leah Banda, Student & Peer Club Member**

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## 9. Financial Report – Youth SRHR Innovation Fund (\$25,000)

Budget Item	Amount (USD)	Description
Peer Educator Training	\$5,000	Training venue, materials, facilitators, stipends
Outreach Sessions	\$7,000	Transport, allowances, IEC material production
Peer Club Formation & Support	\$3,000	Club materials, mentoring support
Referral System Development	\$2,500	Coordination with clinics, service linkage costs
Community Dialogues	\$3,000	Parent/teacher engagement events
Monitoring & Evaluation	\$2,000	Surveys, feedback sessions, data analysis
Administration & Contingency	\$2,500	Coordination, reporting, overhead
Total	\$25,000	Funded by Youth SRHR Innovation Fund

### Summary

The Rural Youth SRHR Peer Educators project empowered 20 young people to deliver life-saving reproductive health education and service linkages in Nalolo and Senanga. By embedding SRHR peer clubs in schools, the project created lasting spaces for open dialogue, reduced stigma, and improved adolescent access to care.

Approved by:



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Date: 25th March 2024