

Implementation Report

SRHR Outreach in Mongu District January – December 2023

1. Project Overview

- **Title:** SRHR Outreach in Mongu District
 - **Location:** Mongu District, Western Province, Zambia
 - **Duration:** January – December 2023
 - **Objective:** Strengthen adolescent and youth sexual and reproductive health rights (SRHR) through peer education, school outreach, and service linkages to improve knowledge, attitudes, and access.
-

2. Background & Rationale

- Adolescents in rural Zambia face barriers in accessing SRHR information and services due to stigma, cultural taboos, and limited health infrastructure.
 - The project responded to the high rates of teenage pregnancy and HIV prevalence in Western Province by equipping youth leaders to provide education and safe referrals.
 - It aligned with Zambia's Adolescent Health Strategy and global SRHR commitments (ICPD+25, SDG 3 & 5).
-

3. Activity Components

- **Peer Educator Training:** Built capacity of 20 youth on SRHR, facilitation, and counseling.
- **School Outreach:** Delivered interactive sessions in 10 rural schools.
- **Peer Clubs:** Formed 5 youth clubs to sustain discussions.

- **Service Linkages:** Established referral pathways to district health facilities.
 - **IEC Materials:** Produced and distributed 2,000 pamphlets/posters.
-

4. Detailed Execution Phases

- **Phase 1 – Planning & Training (Jan–Feb 2023):** Stakeholder engagement with Ministry of Health and schools; trained 20 youth peer educators.
 - **Phase 2 – School Outreach (Mar–Sep 2023):** Conducted classroom sessions and community dialogues, reaching 1,200 adolescents.
 - **Phase 3 – Club Formation & Service Linkages (Jun–Oct 2023):** Established 5 peer support clubs; strengthened referral pathways with health facilities.
 - **Phase 4 – Monitoring & Reporting (Nov–Dec 2023):** Post-intervention survey; compiled impact report and testimonies.
-

5. Implementation Timeline

- Planning & Training: Jan–Feb 2023
 - School Outreach: Mar–Sep 2023
 - Peer Clubs & Referrals: Jun–Oct 2023
 - Monitoring & Reporting: Nov–Dec 2023
-

6. Outcomes & Impact

- **Knowledge Increase:** 65% of surveyed adolescents reported improved SRHR knowledge.
- **Service Uptake:** 90 referrals made for HIV testing, STI screening, and contraceptives.
- **Youth Leadership:** 20 trained peer educators actively leading clubs.

- **Behavioral Change:** Reduction in reported stigma toward discussing SRHR issues.

7. Key Partners

- **District Health Office:** Provided technical guidance and health staff for referrals.
- **Planned Parenthood Association of Zambia:** Supported training and IEC materials.
- **Local Schools:** Hosted outreach sessions and supported club formation.

8. Youth & Community Testimonials

“Before these sessions, I felt shy to ask questions. Now in our peer club, we discuss freely and I even help others know their choices.” — **Mutinta, Student Peer Leader**

“The project changed the conversation in schools. We now see students approach clinics without fear.” — **Nurse, Mongu District Health Office**

9. Financial Report – Global Fund Sub-Grant (\$25,000)

Budget Item	Amount (USD)	Description
Training & Capacity Building	\$6,000	Venue, trainers, materials for 20 peer educators
School Outreach Activities	\$7,000	Transport, allowances, school session facilitation
IEC Materials Production	\$3,000	Design, printing of 2,000 pamphlets/posters
Club Support & Linkages	\$4,000	Peer club kits, mentorship, clinic referral support
Monitoring & Evaluation	\$3,000	Pre/post surveys, data collection, reporting
Administration & Contingency	\$2,000	Coordination, communications, overheads
Total	\$25,000	Total Grant Funding

Summary

This project empowered youth to take leadership in SRHR education, reaching over 1,200 adolescents in Mongu District. It bridged gaps between schools and health facilities, improved knowledge levels, and fostered peer-led platforms for ongoing dialogue. The initiative contributed directly to reducing stigma, strengthening health-seeking behaviors, and aligning with Zambia's adolescent health priorities.

Approved by:



Mundia Situmbeko

Executive Director, Karbalus Cooperative Society

Date: 25 January 2024